Putting Things in Perspective: Rizq (Sustenance) is From Allah

Hyperinflation is becoming a major worry for people as greed and exploitation is becoming rampant worldwide. While it is concerning on an overall humanitarian level, we should understand that ultimately, our personal rizq (sustenance) is in the hands of Allah. So what can we do to ensure our own well being? Following are some ayat and hadith as a guide and glad tidings in shaa Allah.

Uphold the Laws of Allah (God’s Law)
And if only they had upheld (the law of) the Torah, the Gospel, and what has been revealed to them from their Lord (i.e., the Qur’an), they would have consumed (provision) from above them and from beneath their feet. Among them are a moderate (i.e., acceptable) community, but many of them - evil is that which they do. [Al-Qur’an, Al-Maidah, 5:66]

Be Mindful of Allah (God Conscious)
Had the people of those societies been faithful and mindful ˹of Allah˺, We would have overwhelmed them with blessings from heaven and earth. But they disbelieved, so We seized them for what they used to commit. [Al-Qur’an, Al-A’raf 7:96]

. . . And whoever is mindful of Allah, He will make a way out for them, and provide for them from sources they could never imagine. And whoever puts their trust in Allah, then He ˹alone˺ is sufficient for them . . . [Al-Qur’an: At-Talaq 65:2-3]

Be Patient
You will surely be tested in your possessions and in yourselves. And you will surely hear from those who were given the Scripture before you and from those who associate others with Allah much abuse. But if you are patient and fear Allah - indeed, that is of the matters [worthy] of resolve. [Al-Qur’an 3:186]

Be Grateful
And [remember] when your Lord proclaimed, ‘If you are grateful, I will surely increase you [in favor]; but if you deny, indeed, My punishment is severe.’ [Al-Qur’an 14:7]

Ask Forgiveness
Ask forgiveness of your Lord. Indeed, He is ever a Perpetual Forgiver. He will send [rain from] the sky upon you in [continuing] showers And give you increase in wealth and children and provide for you gardens and provide for you rivers. [Al-Qur’an 71:10-12]

Do Good Deeds
Say, “O people, I am only to you a clear warner.” And those who have believed and done righteous deeds - for them is forgiveness and noble provision. But the ones who strove against Our verses, [seeking] to cause failure - those are the companions of Hellfire. [Al-Qur’an 22:49-51]

Du’a (Supplication)
It was narrated from Umm Salamah that when the Prophet Muhammad (pbuh) performed the Subh (morning prayer), while he said the Salam, he would say:

Allahumma inni as’aluka ilman nafi’an, wa rizqan tayyiban, wa ‘amalan mutaqabbalan
(O Allah, I ask You for beneficial knowledge, goodly provision and acceptable deeds).’

[Sunan Ibn Majah #925]

Give Sadaqah (Charity)
The example of those who spend their wealth in the way of Allah is like a seed [of grain] which grows seven spikes; in each spike is a hundred grains. And Allah multiplies [His reward] for whom He wills. And Allah is All-Encompassing and Knowing. [Al-Qur’an 2:261]

The Devil threatens you with ˹the prospect of˺ poverty and bids you to the shameful deed ˹of stinginess˺, while Allah promises you forgiveness and ‘great’ bounties from Him. And Allah is All-Bountiful, All-Knowing. [Al-Qur’an 2:268]
Help Hidaya’s In-Kind Collection Center Stay Open!

Approximate Yearly Costs for Collection Center & Shipping:

$200,000

Warehouse: $45,000
Labor: $20,000
Shipping: $135,000

Alhamdulillah, for the past 20+ years, Hidaya Foundation has been operating an in-kind collection center every weekend for donors of the Bay Area to drop their excess and outgrown items for benefit of the poor overseas, shipping nearly 400 (40 ft.) containers in this time.

We do not sell any of the in-kind donations, everything is given away. So we depend on donors to make an additional monetary donation (tax-deductible) to chip in towards the shipment and operation costs of the project so it can sustain itself. In a growing trend, we are seeing an increase in the amount of in-kind donations (requiring more labor and shipments), and a decrease in the amount of monetary donations towards the project. This is compounded with drastically rising costs for shipping and delays and problems with the global supply chain which are continuing to get worse with time.

Due to these reasons, Hidaya is considering closing our collection center in the coming year and temporarily suspending our in-kind collections until we have a more efficient and cost effective way of conducting this project.

If you like and appreciate our collection center, please donate monetarily towards it, so we can continue providing this service!

One time donations can be given (with check or card) on our website, www.hidaya.org, towards "Container Shipment for In-Kind Donations” project, or please consider setting-up a recurring monthly donation.

Help Us Clothe the Poor This Winter For Only $5 Per Person

So far in 2021, Hidaya Foundation has shipped 25 40ft. containers (with more scheduled) with in-kind relief supplies including clothing, shoes, medical supplies and more to help hundreds of thousands of people in need. Costs to ship each container of in-kind donations, are rapidly increasing. Lately it costs $7,500+ (used to be $5000+). A single container of winter clothes could be enough to benefit up to 40,000 people! The clothes are already donated, we just need to get them there - so when sponsoring this effort, essentially:

• $50 can benefit over 250 people
• $100 can benefit over 500 people
• $1,000 can benefit over 5,000 people

Please donate towards Container Shipment for In-Kind Donations to help us clothe the poor this winter.
Hidaya Institute of Farming & Agriculture - Introducing Tunnel Farming & Drip Irrigation to Poor Farmers

As part of the Hidaya Institute of Farming and Agriculture, Hidaya Foundation is embarking on several projects which can benefit the environment as well as poor farmers.

For changing the destiny of poor farmers, Hidaya has initiated drip irrigation and tunnel farming training classes for farmers from remote areas where almost no one is practicing such methods. These latest innovations and technologies in farming have great potential benefits. One of the main reasons for doing drip irrigation is for water conservation. This not only cuts costs, but is especially helpful in areas that are facing shortages. Then with tunnel farming, a greenhouse affect is created, which allows for growing crops that do not grow in such seasons or climates. This is beneficial to people of the area, and also yields a higher return to farmers since they are producing rare commodities.

Please donate towards Hidaya Institute of Farming and Agriculture to benefit poor farmers.

Widow/Orphan Support in 12 Countries

Hidaya Foundation is currently supporting over 13,000 orphans and 7,000 widows each month in 12 countries (Pakistan, Bangladesh, Sri Lanka, Cameroon, Guinea, Ghana, Uganda, Tanzania, Kenya, Gambia, Yemen, and Turkey for Syrian Refugees). We are continuously working towards growing these efforts even further, and in more countries in shaa Allah.

Most recently one of our US team members joined our partners in Turkey for a distribution to our recently added widow and orphan Syrian Refugee families in the city of Urfa. A total of 75 widows or caregivers (many orphans are cared for by their grandmother or aunt due to losing both parents) and 222 orphans are now getting monthly assistance with plans to increase. We will also begin support for these families and others with chickens via our animal farming project in the coming months in shaa Allah.

Each month, cash stipends are given of about $30 for each widow for household needs, and $10 per orphan child (up to 4 per family) for educational needs via our “No Orphan without Education” initiative. Please donate to our Widow/Orphan Support project.

Animal Farming - Chickens for Widow/Orphan Families

Hidaya Foundation is giving chickens to widow/orphan families we take care of so they may start earning an extra income while ensuring ample food for their children. Chicken farming is a perfect occupation for widows as they can easily do it from a corner of their yard. They do not have to leave their house and can stay at home with their young children. Most of the time, the children even enjoy playing with the chickens and helping their mother with the chores.

Five chickens and one rooster, or 25 chicks, along with feeding supplies are given to a family to start them out. It costs about $50 to start each family out with chicken farming.

Please donate to help families become self employed!
Donation Form

Name |
Email |
Address |
City |
State | Zip |
Phone |
Signature | Date |

Card No |
Expiry Date: (mm/yy) |

Set-up a Monthly Donation (LEAVE THIS BOX BLANK IF YOU ARE DOING A ONE-TIME DONATION)

If you would like to set-up using your checking account (preferred), please include a voided check along with this donation form, or you may fill your card information in the spaces provided above. Note - please make sure to completely fill in the donor information section so we can properly set-up your donation. By signing, I would like to make this a monthly donation for the project(s) that I have filled in above.

Signature: ____________________________
Starting Date: ________________

Medical Assistance for the Poor & Neglected

In poverty stricken areas which Hidaya Foundation serves, medical assistance is provided to impoverished families and individuals in desperate need.

At any given time, Hidaya is supporting around 150 - 250 patients suffering from chronic or life threatening illnesses, such as cancer, contagious diseases, organ failure, critical injuries from accidents, and more.

All expenses are covered for qualified patients including doctor visits, lab tests, surgeries, treatments, medicines, follow-up visits and transportation for each. Donate towards Medical Assistance of the poor and neglected, and may Allah bless you with good health.

Medical Assistance for the Poor & Neglected

Financial Report for 2020

With the Blessings of Allah, on April 10, 2021, Hidaya Foundation successfully completed its 2020 financial audit. In 2020, Hidaya Foundation had an overall management overhead of just 4.83%, meaning more than 95% of all funds received go towards benefiting the deserving through our many projects. This year in 2021, we are on par to again be in that same range in shaa Allah.

Full financial statement (as well as previous year statements) are available for review at: www.hidaya.org/financials.

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