

Newsletter Spring 2009

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A US based 501(C)(3) Non-Profit Organization

Medical Assistance

Under its Health Care Program, Hidaya serves underpriveliged patients for medical needs through the **Medical Assistance Project**.

In developing nations, it is not un-common to have an unemployment rate of 50% or higher. Those who are fortunate enough to even hold a job, depending on their profession and experience, typically earn between \$20 and \$200 per month. The head of household often supports a family of five to seven members as well as parents, and sometimes siblings.

These challenging economic circumstances result in less attention to personal hygiene in the family and creates various medical problems. The problems are often ignored and can develop severe, long-term health related issues.



Furthermore, children catch various diseases at schools, but treatment is often neglected.

It is difficult to support each and every medical case. Hence, Hidaya Foundation has focused its efforts to serve patients with contagious diseases to protect their families and community at large from the spread of such diseases. Hidaya Foundation supports these patients suffering from contagious diseases and provides them access to doctors, lab tests, medicines and follow-up visits. In addition, assistance is give to patients who need surgeries in the localities where Hidaya operates.

Besides Medical Assistance, Hidaya also has a few other projects under our Health Care Program. These include: Hospital **Assistance**, in which hospitals which serve neglected patients are given medical equipment, supplies, medicines, and financial support; Medical Camps, in which camps are arranged and funded in small towns and villages to benefit the poor; and **Preventive Health Care** Education, in which brochures and seminars are given in under developed communities to teach poor and uneducated families about the causes, preventions and cures of common and contagious diseases. �



Information Technology Training

Badaruddin is a lucky young man; he recently completed a four year degree in BS (Information Technology) software engineering from a renowned university in Pakistan. He is the first child in his family to acquire education to this level; he comes from a relatively poor family settled in a rural area in Sindh, right at the border of Balochistan, Pakistan. His father is a security quard at a government facility earning minimum wages. From his district (population > 250,000), he is one of the handful of students who have achieved this level of education; his family is happy that Allah (swt) gave him this opportunity.

As graduation came closer, Badaruddin started worrying about prospects of finding a job. He lacked confidence, not in his abilities, but in the quality of education he had received during his school and college years. Most teachers did not even deliver lectures: students collaborated and taught each other what they were good at. After an unsuccessful job hunt for couple of months, Badaruddin couldn't believe his eyes, when he saw an advertisement from a non-profit organization Hidaya Trust (www.hidayatrust.org) while searching for jobs on the internet. Hidaya was offering a tuition free IT internship

program to qualified young graduates like himself to train them on the hottest skills in IT. Badaruddin applied for the internship, and after interviewing with Hidaya's team, he was offered a seat in the IT Training Internship program.

Hidaya Foundation strongly believes that Information Technology is a key component of the success of any country. In today's global market, while technology jobs are on the rise, the competition to find one is becoming more and more difficult. Most colleges and universities in under-developed countries, such as Pakistan, teach based on antiquated curriculum that is not in alignment with the latest advancements in technology and applications, making it harder for the young graduates to compete in the global job market.

Hidava Foundation has taken the challenge to bridge this gap by offering cutting edge IT training to young graduates like Badaruddin. In collaboration with Hidaya Trust, its sister organization in Pakistan, it has already laid the framework for establishing a world-class technology institute (Hidaya Institute of Science & Technology - www. histpk.com). Besides giving IT training to a broader student community one of the tasks of this institute is to offer practical training to underprivileged software engineering and IT graduates who have not been able to find employment in the past 12 months. Internship opportunities are open to everyone regardless of their gender or religion.

The first two HIST campuses are located in the twin cities of Jamshoro/Hyderabad, and Shikarpur, Pakistan. Hidaya aims to expand Software Engineering Internships (under the IT Training Project) on a larger scale to benefit hundreds of interns in various cities and countries. Hidaya is also exploring the possibility of offering online courses where a qualified

instructor from USA will be able to teach students in under-developed countries. This e-learning initiative would reduce the cost of offering training and allow students to take courses anywhere, without the need to travel to a HIST location.

Training is available on the latest IT technologies such as Linux, PHP, MySQL, Joomla, VB, C# /ASP.Net, SQL Server, and Oracle. New titles and courses will be added with time and as the market demand changes. Software Interns get the opportunity to work on the development of Hidaya's internal paperless system and other



projects, provide consultancy to external customers, and deliver training classes to underprivileged students at local schools and colleges to increase their interest in technology. HIST offers complimenting services to its interns on career coaching, resume workshops/critiques, and remedial skills in languages. Interns are being exposed to international elance opportunities where they can take contracts and become self-employed.

HIST also offers training on basic IT skills (for Non IT students), such as desktop applications, use of internet, as well as freeware applications. Please continue to visit HIST website (www. histpk.com) for the latest offerings and new developments.

Self Employment

Instead of providing perpetual assistance to the poor and needy, Hidaya strongly believes in helping them become self sufficient and financially independent. Examples of projects that promote selfemployment include: sewing machines for widows and poor women to establish in-home tailoring business; assistance to set up retail shops; financing (interest free) of poultry and other farming ventures; soft loans or aid to farmers for better quality seeds/pesticides/fertilizers; push-carts for selling vegetables; and tools & equipment for professions such as woodworking and masonry. Besides being permanent solutions, these self employment projects also contribute to the confidence, integrity and dignity of those engaged in these programs.

One Million Trees

The Prophet (pbuh) said that "If any Muslim plants any plant and a human being or an animal eats of it, he will be rewarded as if he had given that much in charity."

(Sahih Bukhari Vol. 8, Book 73, Number 41)

Planting a tree is a sadaqah-jaria (perpetual charity) where one receives rewards as long as the tree is alive and benefitting wildlife and humanity. Hidaya Foundation has a goal to plant and successfully grow "one million trees" in 10 years.

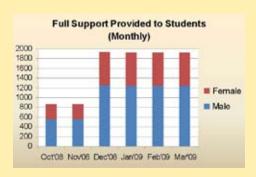
It costs less than \$1 to plant each tree. Your donation can help the environment and, inshallah, ensure long lasting rewards. •



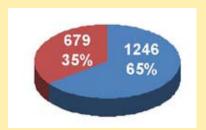
Sponsor a Student



Hidaya Foundation sponsors deserving students ranging from primary school to university levels. Depending on their financial situation, some are offered full support while others are given partial support. For the six month period of December 2008 to March 2009, a total of 1,925 students were fully supported and an additional 1,691 students were



partially supported under this project. Just think, a donation of as little as \$5 to \$50 a month is enough to put a young student through school. Such donations are crucial for building future generations in poor countries.





Pakistan Earthquake Relief



On Wednesday Oct. 29, 2008 an earthquake struck Balochistan, the South-Western province of Pakistan. Over 35,000 people were originally reported homeless; in many cases entire villages had lost their homes. Hidaya immediately dispatched a team to affected areas to assess damages and register qualified recipients for goods. Supplies including 166 winterized tents, 12,000 pounds of winter clothing (jackets, pullovers etc) and dry ration food supplies (over 11,000 lbs of wheat flour, over 2,750 lbs of lentils, over 1,100 lbs of sugar and 130 lbs of tea) were distributed.

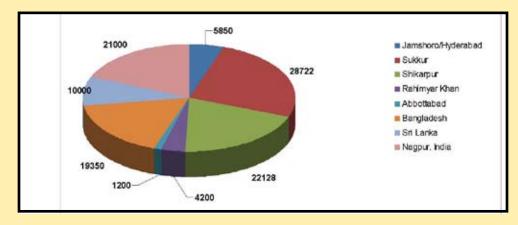


Signature **Hidaya Foundation** is a non-profit 501(C)(3) charitable organization with Tax ID # 77-0502583. ΖĮΡ No Orphan without Education (\$30 - 50/month) Marriage Support for Poor Girls (\$200 - \$300 each) Water Hand Pump Project (\$200 each) One Million Meals (\$25 for 50, \$250 fo 500 meals) Sadaqah in Form of Sacrifice (\$85 goat, \$300 cow) Zakat / Alms Sadaqah / Charity Sadaqat-ul-Fitr (\$3.50 or \$7.00 per person) Total **Fidya** (\$3.50 or \$7.00 per day missed) Expiry Date: (mm/yy) Card No Name on the card:

Donation Form

Qurbani 2008 Report

In 2008, Hidaya arranged for 2,396 shares of Qurbani on behalf of our donors. A total of 695 goats and 1701 cow shares where distributed among the poor of South Asia and the United States.

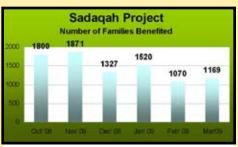


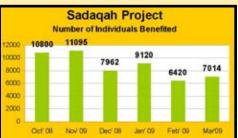
Container Shipment Project

Last year, Hidaya Foundation shipped 16 containers (40 ft.) filled with in-kind donations worth a total of \$293,507.66. Hidaya ships items such as computer equipment, medical equipment and supplies, office and school furniture, hospital beds, children's toys, books, clothes, shoes, blankets, household items and more for distribution to and utilizion by the poor.

Sadaqah in the form of Sacrifice

Hidaya distributes your Sadaqah among people in extreme poverty. It is distributed in the form of dry ration, meat distribution, hand pumps for potable water, cash and clothing. Sadaqah of animal meat is arranged and distributed amongst poor and deserving families. It costs \$100 for one goat/sheep and \$350 for one ox/buffalo. Most of the time the distribution is completed within 72 hours of your donation.





Vocational Training

Underprivileged individuals are supported to attend Vocational Training classes arranged by Hidaya or offered in the market so they may learn a trade from which they can earn stable income. This type of project contributes to breaking families out of the perpetual poverty cycle and improves their overall quality of life. Types of Vocational Training include: Capentr, Masonry, Plumbing, Crafting, and Sewing.



Board of Directors Mazhar Uddin (Dayton, NJ), Irfan Baloch (Geneva, Switzerland), Adeel Ahmed (Dallas, TX), Mohamed S. Shamsuddin (Santa Clara, CA), Waseem Baloch (Santa Clara, CA)