



Newsletter Ramadan 1438/2017

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Putting Things in Perspective: Are We Relying Upon Allah?

As the world around us seems to be spiraling into a state of violence and hate, it can be suffocating at times. In such a climate, it is important that we ground ourselves with reliance on Allah (tawakkul), and make that a foundation for all that we do. Allah (SWT) reminds us many times in the Qur'an to rely upon Him. Following are some instances of such ayat for us to reflect upon and take heed from so that we may be successful in our endeavors, insha'Allah.

If Allah should aid you, no one can overcome you; but if He should forsake you, who is there that can aid you after Him? And *upon Allah let the believers rely*. [Al-Qur'an 3:160]

And to Allah belong the unseen [aspects] of the heavens and the earth and to Him will be returned the matter, all of it, so worship Him and *rely upon Him*. And your Lord is not unaware of that which you do. [Al-Qur'an 11:123]

And *rely upon the Ever-Living* who does not die, and exalt [Allah] with His praise. And sufficient is He to be, with the sins of His servants, Acquainted. [Al-Qur'an 25:58]

And *rely upon the Exalted in Might*, the Merciful, Who sees you when you arise And your movement among those who prostrate. Indeed, He is the Hearing, the Knowing. [Al-Qur'an 26: 217-220]

And Moses said, "O my people, if you have believed in Allah, then *rely upon Him*, if you should be Muslims." So they said, "*Upon Allah do we rely*. Our Lord, make us not [objects of] trial for the wrongdoing people And save us by Your mercy from the disbelieving people." [Al-Qur'an 10:84-86]

So when you recite the Qur'an, [first] seek refuge in Allah from Satan, the expelled [from His mercy]. Indeed, there is for him no authority over *those who have believed and rely upon their Lord*. His authority is only over those who take him as an ally and those who through him associate others with Allah. [Al-Qur'an 16:98-100]

[Remember] when the hypocrites and those in whose hearts was disease said, "Their religion has deluded those [Muslims]." But *whoever relies upon Allah* - then indeed, Allah is Exalted in Might and Wise. [Al-Qur'an 8:49]

And if they incline to peace, then incline to it [also] and *rely upon Allah*. Indeed, it is He who is the Hearing, the Knowing. [Al-Qur'an 8:61]

And follow that which is revealed to you from your Lord. Indeed Allah is ever, with what you do, Acquainted. And *rely upon Allah*; and sufficient is Allah as Disposer of affairs. [Al-Qur'an 33:2-3]

So *rely upon Allah*; indeed, you are upon the clear truth. [Al-Qur'an 27:70]

Allah - there is no deity except Him. And *upon Allah let the believers rely*. [Al-Qur'an 64:13]

Abu al-Darda' said: if anyone says seven times morning and evening; "Sufficient for me is Allah; there is no deity except Him. *On Him I have relied*, and He is the Lord of the Great Throne [Al-Qur'an 9:129]." Allah will be sufficient for him against anything which grieves him, whether he is true or false in (repeating) them. (Sunan Abi Dawud 5081) ♦

Feeding the Poor in Ramadan and Beyond



People in Line to Receive Dry Ration Packages

Every year during Ramadan, Hidaya increases its efforts to feed the poor so they will also be encouraged to fast (because they'll have a meal ready at iftar). The Hidaya projects listed below offer a way for Muslims to give in charity or fulfill certain obligations or encouraged actions which in turn benefit the poor with cooked meals, dry ration, and meat.

One Million Meals

Year round, Hidaya Foundation is supporting about 5,000 extremely poor families every month. Whether it be due to the head of the family being disabled or elderly, or an elderly person who was never married and has no family to care for them, or poor mothers who are caring for young children on their own – these are people who have slipped through the cracks and were not able to eat regularly until Hidaya stepped in to help. **Due to buying in bulk, it costs only 50 cents per meal.**

Additionally, this Ramadan Hidaya will be providing Dry Ration packages to approximately 50,000 families. **For just \$30, you can provide a family package** which includes: 40 kg wheat, 5 kg beans, 4 liters cooking oil, 2.5 kg sugar, 4 bars (600g) bath and cloth washing soaps.

Sadaqat-ul-Fitr

Every Muslim required to pay Zakat must also pay Sadaqat-ul-Fitr (or Zakat-ul-Fitr) during Ramadan and before Eid-ul-Fitr so the less fortunate Muslims can enjoy Eid. Currently, the suggested minimum cost for Sadaqat-ul-Fitr is **approximately \$7.00 per person** based on the price of 1 Saa (approx. 3kg) of rice or wheat at local costs in USA. If one were to calculate based on raisins or dates for example, that cost would be more - so one can give more if they like and more poor would benefit.

Fidya (Compensation for Missed Fasts)

Muslims who can't fast due to old age or illness should give fidya for each day of missed fasting in Ramadan (Al-Quran 2:184-185). Young and healthy individuals who miss fasts due to illness or travels must make those fasts up after recovering or upon completion of their travels - and Fidya does not apply to them. According to scholars, fidya can be based on the price of 1.5 kg of rice. In USA this is **approx.**

\$3.50 for each day of missed fast. However, one can give more if they like and more poor would benefit.

Kaffara

The prescribed way of making amends for wrong actions is by giving Kaffara. There are different forms of Kaffara based on the wrong action. Some forms of Kaffara include feeding the poor, and the amount given can vary based on the wrong action committed. Hidaya arranges the distribution of Kaffara by feeding the poor. Hidaya distributes hundreds of dry ration packages each year on behalf of donors to benefit thousands of poor under the Kaffara project.

Sadaqah in the form of Sacrifice

Normally within 72 hours of a donors' request, we are able to purchase the animal, sacrifice it, and distribute the meat to the poor and then notify the donor that their request has been fulfilled. **It costs \$120 for a goat, or \$420 for an ox.** Last year, Hidaya sacrificed 1,999 goats and 177 ox on behalf of donors to benefit nearly 50,000 families.

Aqiqah

Aqiqah is the sacrifice of an animal, such as goats, sheep or camels on the occasion of a newborn child to show gratitude to Allah for Blessing them with a child. Like the Sadaqah in the form of Sacrifice project, Hidaya can perform the Aqiqah, within 72 hours of request - and upon completion, Hidaya informs donors that their Aqiqah has been done. **It costs \$120 to do Aqiqah for a daughter, and \$240 for a son** as per the sunnah of Prophet Muhammad (pbuh) of doing 1 goat/sheep for a daughter and 2 goats/sheep for a son. Last year, Hidaya sacrificed 262 goats on behalf of donors to benefit nearly 5,000 families for Aqiqah Project. ♦

Providing Clean Drinking Water to the Poor in Pakistan & Bangladesh

While the industrialization of water has been a cause of great convenience for people in developed areas, people living in underdeveloped rural areas of the world can't say the same. They are living the same harsh lifestyles as before, only the nature around them which their ancestors have always lived off of has become polluted and destroyed. Cut-off water sources due to dams and redirection of natural water sources result in stagnant and dirty water left behind. The poor have no choice but to bathe in and consume this dirty water. As a result they contract illnesses, which are usually curable, but with no access to health care, often leads to death, especially in children.

Under the Clean Drinking Water Project, Hidaya Foundation works to get clean water to people in need under 2 efforts:

Water Tanker - Hidaya delivers water to the masses via three 1,200 gallon water tankers that are running daily. These 1,200 gallon tankers are filled with fresh water from our own bore for free daily deliveries to the people. *It costs just **\$10** to fill and deliver 1,200 gallons of water by tanker to hundreds of people in Pakistan.*

Water Hand Pump - In poor areas where the water table is shallow (100 ft. or less), Hidaya installs water hand pumps. To date, we have installed around 7,000 water hand pumps, on behalf of our donors alhamdulillah. *It costs **\$300 per hand pump** which can be installed in Pakistan or Bangladesh.* ♦



Water Tanker - Pakistan



Water Hand Pump - Bangladesh

Widow & Orphan Support in 6 Countries



Widow/Orphan Support Sri Lanka



Widow/Orphan Support Cameroon

Prophet Muhammad (peace be upon him) said, "I and the person who looks after an orphan and provides for him, will be in Paradise like this," putting his index and middle fingers together. [Sahih Bukhari, Book 73:34]

Hidaya supports orphans and widows under two projects:

Widow/Orphan Support Project - Each widow is given equivalent of about **\$40 per month** (\$480 for a year) for all household expenses to care for herself and orphans.

No Orphan without Education Project - Each orphan is given equivalent of about **\$10 per month** (\$120 for a year) towards their education.

Hidaya has been spending almost \$300,000 each month to support approximately 5,000 widows and 10,000 orphans in Pakistan, India, Bangladesh, Sri Lanka, Guinea, and Cameroon.

Please join us in this effort of supporting orphans by setting-up a monthly recurring donation or by making a one-time donation towards our widow and orphan support projects. ♦

Treatment for Hepatitis Among Poor of Pakistan

Hepatitis is an infectious and extremely contagious disease that is unfortunately quite common in rural areas of Pakistan due to unsanitary conditions that the poor live in. Adults and children alike all fall victim to this disease, as it spreads from husband to wife, mother to child, or even through unsanitary practices with food, water, and businesses such as barber shops and medical practices. If left untreated, the disease can cause debilitating symptoms such as gastrointestinal issues, weight loss, fatigue, jaundice, and ultimately acute liver failure - which is often fatal.

Under its **Medical Assistance** and **Medical Camps** projects, Hidayah Foundation has been identifying and treating poor patients for the various viral Hepatitis diseases (A, B, C, D, and E) for the past several years. Dozens of cases are taken at a time, each costing anywhere from \$500 - \$2,000 to cure.

Please donate towards Hidayah's Health Care projects to help us combat this disease which is causing havoc in poor communities. ♦

What is the Meaning of Zakat?

The literal meaning of Zakat is "to purify, to grow, and to increase." It comes from the root letters za, kaf, ya, which has several meanings in Al-Qur'an: to purify or be purified [24:21], to be pure [19:13, 19:19], to grow [80:13], to increase [92:18], and to pay the obligatory charity [2:43]. The word "Zakat" has been used to mean all of these things.

Understanding this, Zakat is a form of charity that is obligatory on Muslims and meant to be paid to purify their wealth. Fulfilling this form of worship

is a way of getting blessings from Allah so that your wealth may then increase and grow.

Prophet (PBUH) said: "Allah has enjoined upon rich Muslims a due to be taken from their properties corresponding to the needs of the poor among them. The poor will never suffer from starvation or lack of clothes unless the rich neglect their due. If they do, Allah will surely hold them accountable and punish them severely." [Al-'Aswat and As-Saghir]

Should you have any questions on Zakat or want help in calculating Zakat, you may visit www.hidaya.org/zakat where you can view:

- Detailed Explanations about Zakat
- Frequently Asked Questions
- Videos Explaining Zakat
- A Functional Zakat Calculator
- Links to Donate Your Zakat

Questions about Zakat can be sent to zakat@hidaya.org for answers. ♦

Independent Auditor's Report for Fiscal Year 2016

With the Blessings of Allah, on April 7, 2017, Hidayah Foundation successfully completed its 2016 financial audit. A copy of the audited financial statements (as well as previous year statements) are available for review at: www.hidaya.org/financials ♦

Board of Directors

Adeel Ahmed (Dallas, TX), Mazhar Uddin (Dayton, NJ), Irfan Baloch (Geneva, Switzerland), Mohamed S. Shamsuddin (Santa Clara, CA), Waseem Baloch, Chairperson (Santa Clara, CA)

Donation Form

Hidaya Foundation is a non-profit 501(C)(3) charitable organization with US Tax ID # 77-0502583.

Name _____
 Email _____
 Address _____
 City _____
 State _____ ZIP _____
 Phone _____

Double your donation with Corporate Gift Matching. We also accept stock donations. Contact us if you need more information.



Zakat (Obligatory Charity)
 Sadaqah (Charity)
 Fidya (\$3.50 per missed day of fasting)
 Sadaqat-ul Fitr (\$7 per person)

Other : _____
 Other : _____
 Other : _____

Zakat Amount Monthly

\$ _____
 \$ _____
 \$ _____
 \$ _____

Card No: _____

Expiry Date: (mm/yy) _____

Set-up a Monthly Donation (leave this box blank if you are doing a one-time donation)

If you would like to set-up using your checking account (preferred), please include a voided check along with this donation form, or you may fill your card information in the spaces provided to the left. Note - please make sure to completely fill in the donor information section on the top left so we can properly set-up your donation.

By signing below, I would like to make this a monthly donation for the project(s) that I have checked marked above.

Signature: _____ Starting Date _____