Fidya

Compensation for Missed Fasts During Ramadan

What is Fidya?

Fidya is a charitable compensation which is to be given by adult Muslims who are too ill or weak to fast in the holy month of Ramadan.

Why Should One Give Fidya?

It is a command in the Qur'an for Muslims to fast, make up fasts that they miss, or if they can't fast, to give Fidya for each missed day of fasting in Ramadan.

Allah (SWT) says in Al-Qur'an: "[Observing Saum (fasts)] for a fixed number of days, but if any of you is ill or on a journey, the same number (should be made up) from other days. And as for those who can fast with difficulty, (e.g. an old man, etc.), they have (a choice either to fast or) to feed a Miskîn (poor person) (for every day). But whoever does good of his own accord, it is better for him. And that you fast, it is better for you if only you know." [Al-Baqarah 2:184]

Who Should Give Fidya?

For those who are unable to fast (elderly, sick, handicapped, etc.) and have no hope of being able to fast again in their life, a compensation must be given by feeding a poor person for every day of fasting not observed in Ramadan. Young and healthy people who miss any days of fasting due to illness or traveling should make up those days after Ramadan or after regaining their strength.

How is Fidya Calculated?

Fidya for each day of missed fasts is either to feed a poor person two meals in a day, or to give whole wheat, which is enough to feed a poor person twice in a day. This is calculated as 1/2 Saa per the Hanafi school of thought, or 1 Saa per Shaafi and other schools of thought (1 Saa = approx. 3 Kilograms).

How Much Should One Pay for Fidya?

The price of Fidya for each day of missed fasts is either to feed a poor person two meals in a day, or to give whole wheat, which is enough to feed a poor person twice in a day. The Fidya price for one who has to pay it should be calculated based on the local prices of whole wheat in the place the person resides at the time they are paying the fidya. Currently, the price for Fidya in the USA is \$3.50 by the Hanafi school of thought (for 1/2 Saa of wheat), and \$7.00 according to the Shaafi and other schools of thought (for 1 Saa of wheat).



Dry Ration Packages Being Weighed and Prepared for Fidya Distribution

How Does Hidaya Foundation Distribute Fidya?

Hidaya distributes Fidya in the form of dry ration food among some of the poorest people in the world who are also qualified to receive Zakat.

To find out more about Hidaya Foundation's Fidya Project, including project reports and updates, picture galleries, and more – please visit us at **www.hidaya.org** or call us at **866.2.HIDAYA**. Fidya donations can be made on our secure website using electronic check or credit card, or they can be sent by mail to Hidaya Foundation, PO Box 5481, Santa Clara, CA 95056.



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